## **PADI Advanced Mermaid Diving Course**

## Include

- Professional instructor fee for mermaid diving
- 10-hour mermaid motion lesson and a private water session
- Rental of basic mermaid experience equipment, including a mask, snorkel, monofin (i.e. mermaid tail), fins, towels, shower room, drinking water and locker (Guests need to prepare own swimwear)
- Basic filming, with all original video and images yours to take home
- The PADI Mermaid Diving Course if pass the course certification.
- Studio City's Water Park free entrance after mermaid experience session
- 【Additional Services 】 Professional Underwater Photography (An extra cost of MOP 2,500 per group)\*
- Enjoy 20% off for booking Best Available Rate at Studio City

## Course content

## The PADI Advanced Mermaid Diving course has three phases:

- Theory Session (through PADI eLearning®, around 1 hour self-study):
  Learn the advanced knowledge for mermaid diving
- Confined Water Sessions (approximately 6 hours):

Warm-up and stretching before entering the water;

Equipment preparation, putting on, removal and maintenance;

Entering and exiting the water; Weight adjustment;

Dolphin kick; Mermaid diving skills practice;

Equalization skills; Safety skills (2 minutes of floating / treading water wearing all mermaid equipment; cramp relief; removal of the mermaid tail in emergency);

Buddy procedures; Mermaid dynamic swimming skills;

Mermaid exhale descent; Mermaid diving skills (360° somersault, team combination movement, mermaid bubble, back swimming on the surface) practice, etc.

<sup>\*</sup> Advanced reservation required. This includes five professionally edited photos and a 30-second post-production video, as well as all original photos and footage.

Open Water Sessions (approximately 4 hours):
 Warm up and stretch before entering the water;
 Assembling, adjusting, preparing, putting on, removing and maintaining equipment;
 Entering and exiting the water; Weight adjustment; Mermaid diving skills in open water; Buddy procedures; Equalization skills; Effective dolphin kicking and gliding techniques; Rescue an unresponsive diver on the surface;
 Rescue a black-out diver underwater; Mermaid diving skills practice, etc.